

MEDICAL RESPITE ENHANCED CARE PROJECT



PROJECT OVERVIEW

The Enhanced Care Project is a pilot project beginning in Winter 2020. Through a collaboration with VCU Health, the project builds on the success of Daily Planet Health Services Medical Respite Program by adding Certified Nursing Assistants to the care team in order to accept patients who may require short-term assistance with activities of daily living (ADLs).

ADMISSION CRITERIA FOR ENHANCED CARE PROJECT

Candidates for the Enhanced Care Project are those whose recovery prognosis includes mobility independence within the time frame of a Respite stay (30 – 45 days or less). These patients would not include those with pre-existing, or long-term mobility assistance needs. Candidates should demonstrate progress in gaining independence caring for themselves during their hospitalization, but may still require assistance during their recuperative period.

The Katz ADL Index will be utilized by the referring partner and submitted with the referral documentation. Patients who have a Katz ADL Index of 2 or higher are ideal candidates for admission. General admission criteria will also be assessed.

GENERAL ADMISSION CRITERIA

- 18 years of age or older
- Medically stable as verified by physician documentation
- Condition expected to improve within 30 days
- Oriented to person(s), place, time, and able to articulate this information
- Ability to exit the building with minimal assistance in the event of emergency
- Psychiatrically stable as verified by physician/psychiatrist documentation
- Willing to meet with Medical Respite staff and other health care providers when needed
- Be homeless; certification of homelessness form must be completed
- Able to function in a group setting
- Have urinary and bowel continence
- Not be in the contagious phase of an infectious disease
- Have a primary care provider of record. If no PCP, patient may accept Daily Planet Health Services as primary care provider
- Oxygen concentrators are permissible. Cannot accommodate portable oxygen tanks.
- No recent history of violent behavior, or be a registered sex offender

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REFERRAL LOGISTICS

Please complete the forms listed below:

- Medical Respite Referral Request Form
- Katz ADL Index

Please send copies of the following:

- List of current prescribed medications and post hospitalization follow up appointments
- Healthcare provider admission summary/recent progress notes
- Proof of TB test or copy of chest x-ray completed within the last 12 months
- Discharge summary from hospital
- Minimum 30-day supply of prescribed medication(s) and a 30-day supply of wound care supplies if indicated
- Authorization to Release Confidential Information Form from your agency signed by the patient
- PT/OT Assessment

Fax complete referral packet to 804-451-5990 or e-mail to respitemail@dailyplanetva.org.

QUESTIONS?

Contact Andre' Young, RN, Clinical Care Director, Medical Respite at (804) 292-3030 x318 or email respitemail@dailyplanetva.org.